

Industry

Week 6 of 13

Lose no time; be always employed in something useful;
cut off all unnecessary actions.

Place dots in the appropriate columns for shortcomings. Repeat until clear.

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1 Tem							
2 Sil							
3 Ord							
4 Res							
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6 Ind							
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Sincerity

Week 7 of 13

Use no hurtful deceit; think innocently and justly,
and, if you speak, speak accordingly.

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Silence

Week 2 of 13

Speak not but what may benefit others or yourself;
Avoid trifling conversation.

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Tranquility

Week 11 of 13

Be not disturbed at trifles,
or at accidents common or unavoidable.

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Resolution

Week 4 of 13

Resolve to perform what you ought;
Perform without fail what you resolve.

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Moderation

Week 9 of 13

Avoid extremes;
forbear resenting injuries so much as you think they deserve.

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List of questions Franklin devised to guide the Junto meetings:

"The eye of a master will do more work than both his hands"

1. Have you met with any thing in the author you last read, remarkable, or suitable to be communicated to the Junto? particularly in history, morality, poetry, physics, travels, mechanic arts, or other parts of knowledge?
2. What new story have you lately heard agreeable for telling in conversation?
3. Has any citizen in your knowledge failed in his business lately, and what have you heard of the cause?
4. Have you lately heard of any citizen's thriving well, and by what means?
5. Have you lately heard how any present rich man, here or elsewhere, got his estate?
6. Do you know of any fellow citizen, who has lately done a worthy action, deserving praise and imitation? or who has committed an error proper for us to be warned against and avoid?
7. What unhappy effects of intemperance have you lately observed or heard? of imprudence? of passion? or of any other vice or folly?
8. What happy effects of temperance? of prudence? of moderation? or of any other virtue?
9. Have you or any of your acquaintance been lately sick or wounded? If so, what remedies were used, and what were their effects?
10. Who do you know that are shortly going [on] voyages or journeys, if one should have occasion to send by them?
11. Do you think of any thing at present, in which the Junto may be serviceable to mankind? to their country, to their friends, or to themselves?

Morning question:	5am	Rise, wash, and address <i>Powerful Goodness</i> ; contrive day's business and take the resolution of the day; prosecute the present study; and breakfast
What good shall I do this day?		
	8am	Work
	12pm	Read or overlook my accounts and dine
Evening question:	2pm	Work
What good have I done today?	6pm	Put things in their places, supper, music, diversion, or conversation; examination of the day
	10pm	Sleep

"There are no gains, without pains"

12. Hath any deserving stranger arrived in town since last meeting, that you heard of? and what have you heard or observed of his character or merits? and whether think you, it lies in the power of the Junto to oblige him, or encourage him as he deserves?
13. Do you know of any deserving young beginner lately set up, whom it lies in the power of the Junto any way to encourage?
14. Have you lately observed any defect in the laws, of which it would be proper to move the legislature an amendment? Or do you know of any beneficial law that is wanting?
15. Have you lately observed any encroachment on the just liberties of the people?
16. Hath any body attacked your reputation lately? and what can the Junto do towards securing it?
17. Is there any man whose friendship you want, and which the Junto, or any of them, can procure for you?
18. Have you lately heard any member's character attacked, and how have you defended it?
19. Hath any man injured you, from whom it is in the power of the Junto to procure redress?
20. In what manner can the Junto, or any of them, assist you in any of your honorable designs?
21. Have you any weighty affair in hand, in which you think the advice of the Junto may be of service?
22. What benefits have you lately received from any man not present?
23. Is there any difficulty in matters of opinion, of justice, and injustice, which you would gladly have discussed at this time?
24. Do you see any thing amiss in the present customs or proceedings of the Junto, which might be amended?

Humility

Week 13 of 13

Imitate Jesus and Socrates.

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